



Through the Backpack Buddies program, HRTS - Hunger Response Team of Sterling provides support to 280 Sterling area school children, and those numbers are growing! Your tax deductible donation makes a difference in the lives of children right here in Sterling.

Schools we support:  
Potowmack E.S., Lowes Island E.S., Horizon E.S., Algonkian, E.S., River Bend M.S., Potomac Falls H.S.

## HOW CAN YOU HELP?

### GIVE

Sponsor a child, just \$40 feeds a child six meals a week.

### SHOP

Donate food, view shopping list:  
[sterlinghelp.org/backpackbuddies](http://sterlinghelp.org/backpackbuddies)

### SHARE

Follow us on social media and spread the word!



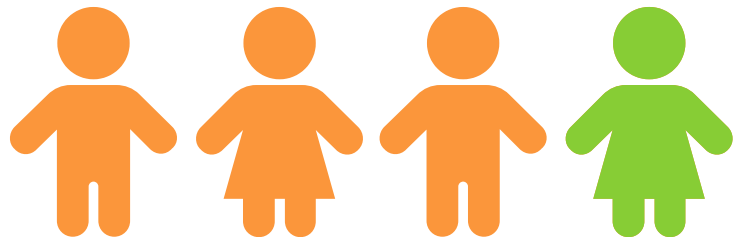
# GIVING TUESDAY SPONSOR A CHILD

Just \$40 feeds a child six meals a week\*.

SPONSOR  
A CHILD



SCAN HERE



**1 in 4 children in Loudoun County Schools is food insecure as stated in the 2022 VDOE School Nutrition Report.**

*\*Your gift to HRTS, a 501(c)(3) nonprofit organization, is tax-deductible to the extent permitted by law.*

[sterlinghelp.org](http://sterlinghelp.org)